

FAMILY SELF-SUFFICIENCY CORNER

Quarterly Newsletter



Concho Valley Community Action Agency

Applications for 2025

Applications for services offered by the Concho Valley Community Action Agency (CVCAA) are open now!

Below are services you may apply for;

- Utility Assistance
- Weatherization
- Veterans Assistance
- Transition Out of Poverty Case Management
- Free Tax Assistance
- Hygiene Closet
- and Others



To apply, please fill out the application in-person at their office; 133 West Concho Ave, Suite 301, San Angelo, TX 76903, on their website; https://www.cvcaa.org/what_we_do/forms.php, or call them at (325) 653-2411 for more information.

Upcoming Open Application Dates:

- January 13-16
- February 4-6 & 18-20
- March 4-6 & 18-20

UPCOMING EVENTS & DATES TO REMEMBER

This Quarter's HASA Closure Dates

December 23rd to January 1st - Closed to the public and or fully closed for Christmas and New Year's

January 20th - Martin Luther King Jr. Day

February 17th - President's Day

****During bad weather, HASA will follow SAISD's schedule with delays and/or closures****

January 22nd (Tentative)

FSS Bi-Monthly Meeting

Subject: Depression

Presented by: La Esperanza

Location: Zoom

Time: 1:30 PM

January 23rd

Budgeting Class & Home Ownership Class

Location: Sugg Community Room, Stephens

Central Library

Times: 10 AM - 11:30 AM

6 PM - 8 PM

<https://www.tgclibrary.com/Pages/Index/214756/all-events>

February 20th

Debt to Savings & Obtaining a Mortgage Loan

Location: Sugg Community Room, Stephens

Central Library

Time: 10 AM - 8 PM (Tentative)

<https://www.tgclibrary.com/Pages/Index/214756/all-events>



Freezing Temps Home Preparations

Although the Texas temperatures have been pretty warm, it never hurts to be prepared for colder temps or even a freeze. Lets go over some renter friendly, cold weather preparations you can make in your home.

Draft Guards

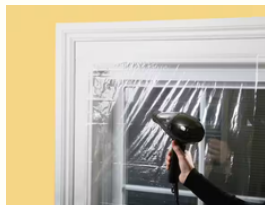


Draft guards may be a foreign item to us West Texans. They're basically a long bean bag you put along the bottom of doors and/or windows to keep the warm air in and cold air out.

You can buy them online or make some yourself using some fabric, zip lock bags, sand, dry beans, dry rice, and/or any other filling material that fits nicely in those gaps.

Insulate Your Windows

Windows are areas where homes lose a lot of heat. Your heater uses a lot of energy, which is expensive these days, to heat your home. Unfortunately a lot of heat is lost out of windows. So, it's like throwing money out the window. A way to prevent this is to insulate those window. There are a couple renter friendly methods you can use. Installing curtains made of thicker material can be both decorative and functional for all types of weather. You can even get special window insulation kits. These have special plastic wrap you can use a hair dryer to



install. You can even use bubble wrap and a spray bottle of water, in a pinch.

****With all methods, please consult your lease and landlord, for permission to install.**

Source: <https://www.lemonade.com/renters/explained/tips-winterize-apartment/>

IMPORTANT REMINDERS

- All changes are to be reported within 10 days of the change, via Interim, Authorization forms, and verifications must be provided. Interim and Authorization forms are available at the front desk, you may contact your coordinator to have them mailed to you, or find them on our website; www.sanangelopha.com
- We send out monthly check ins to all FSS participants. Although completion of those check ins aren't mandatory, they can be taken into consideration if/when you request disbursement from your escrow account. Active participation in the FSS program is one of the main deciding factors when considering those requests. Doing the monthly check ins can act as proof of active participation.
- If you're needing assistance coming up with or achieving your goals, contact your coordinator. We may have resources that can help.



Housing Authority Office Hours

Monday - Thursday
8 AM to 5 PM
Friday
8 AM to 12 PM

The Housing Authority is CLOSED on Friday afternoons

YOUR FSS COORDINATORS

Candis Bailey (A-K)

Bresharre Davis (L-Z)

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